

**GOVT. HOLKAR (MODEL AUTONOMOUS)
SCIENCE COLLEGE, INDORE**



(An ISO 9001:2015 & ISO 14001:2015 Certified Institution)



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**Report on the Students Attributes Facilitated by the
Institution**

तमसो मा ज्योतिर्गमय



**Govt. Holkar (Model, Autonomous) Science College,
Indore**



**A
Handbook
on
Human Values**

From Student's Perspective



From the pen of the Principal

I am delighted to introduce this handbook on human values, which has been created by students as per their perception of human values. As the head of this institution, I firmly believe that education is not just about acquiring knowledge, but also about developing strong character and ethical values.

This handbook provides a practical and comprehensive approach for you to understand and apply human values in your daily life. It will help you cultivate a deeper sense of self-awareness, empathy, and respect for others, which are essential qualities for success in both personal and professional life.

Our institution is committed to providing a holistic education that not only nurtures academic excellence but also promotes human values. We believe that this handbook will serve as a valuable resource for you to further develop your understanding and practice of human values.

I encourage you to go through this handbook with an open mind and heart, and to reflect on how you can incorporate these values into your own life. Remember, the true measure of education is not only what you know but how you apply that knowledge to create a better world for yourself and others.

I wish you all the very best in your journey of personal and professional growth.

**Dr. Suresh T. Silawat
Principal
Govt. Holkar (model Autonomous) Science College,
Indore**



From the desk of student editors

Welcome to this handbook on human values for student's perspective and prepared by students themselves. The purpose of this handbook is to express various human values through the lens of student's perspective.

In this book, you will learn visualize about various human values such as honesty, integrity, compassion, respect, and responsibility, among others through various artistic inputs of students. You will also discover how these values are interconnected and how they can help you navigate the challenges and complexities of life.

We hope that this handbook will serve as a valuable resource for you, as you seek to develop and enhance your own personal values.

Thank you for choosing to embark on this journey with us. We wish you all the best in your pursuit of a life of purpose and value.

Sincerely,
The Student Editors

**Aniket sahu, B.Sc. IV Sem
Kewalyanshi Choubey B.Sc. III Year
Soumya Dwivedi B.Sc. III Year**



**Govt. Holkar (Model,
Autonomous) Science College,
Indore**

Fine Arts





Love (प्रेम)



Lakshya Solanki

B.Sc. 4th Sem



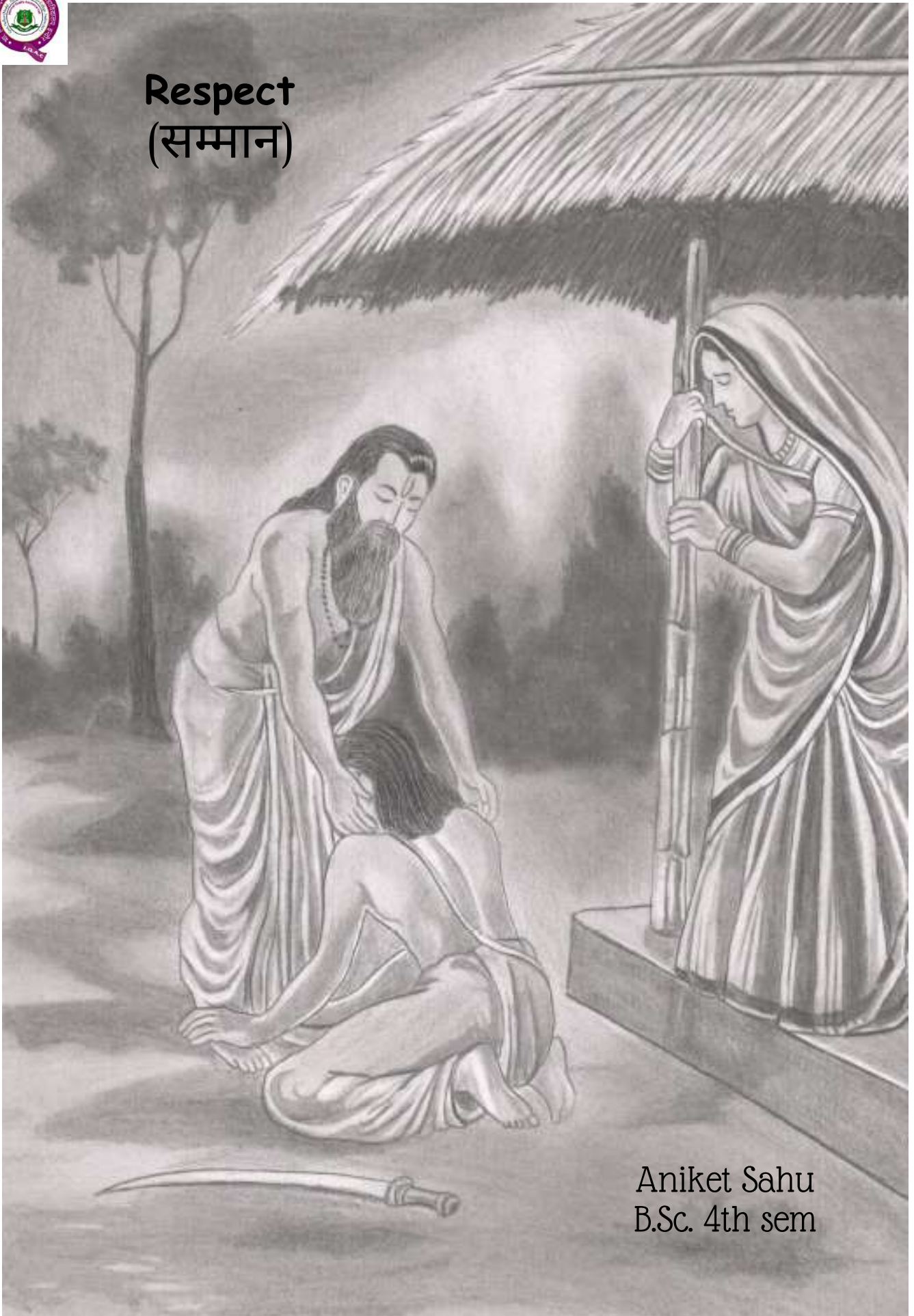
Fairness (निष्पक्षता)



Shruti Tiwari
B.Sc. 4th Sem



Respect (सम्मान)



Aniket Sahu
B.Sc. 4th sem



Humility (विनम्रता)



Anushka Dwivedi
B.Sc. 4th Sem



Gratitude (आभार)



Anushka Dwivedi
B.Sc. 4th Sem



Compassion (करुणा)



Aniket Sahu

B.Sc. 4th sem

Aniket



Honesty (ईमानदारी)



Aniket Sahu
B.Sc. 4th sem

Aniket



Forgiveness (क्षमा)



Shruti Tiwari
B.Sc. 4th Sem



Responsibility (उत्तरदायित्व)



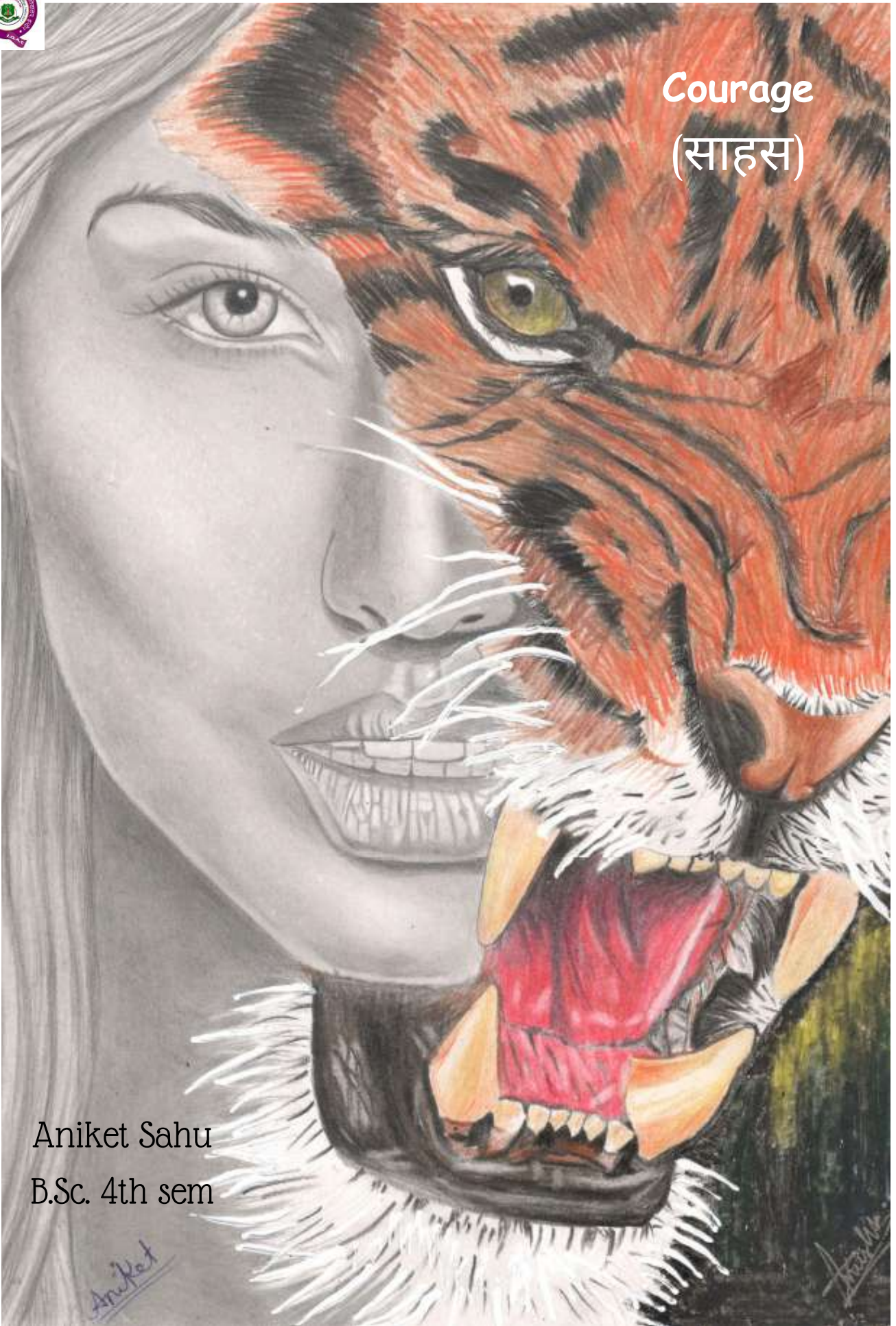
Aniket Sahu
B.Sc. 4th sem

Aniket



Courage
(साहस)

Aniket Sahu
B.Sc. 4th sem

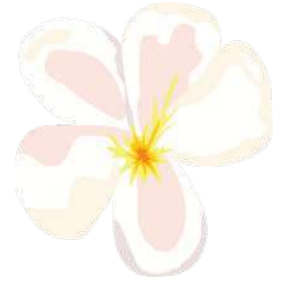




**Govt. Holkar (Model,
Autonomous) Science College,
Indore**

Quotations





LOVE

(प्रेम)

**"PURITY, PATIENCE, AND
PERSEVERANCE ARE THE THREE
ESSENTIALS TO SUCCESS AND,
ABOVE ALL, LOVE."**

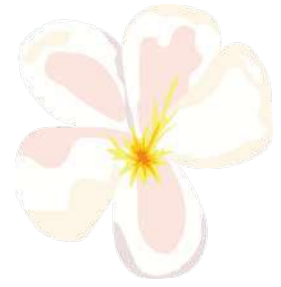
-SWAMI VIVEKANANDA





FAIRNESS

(निष्पक्षता)



"JUSTICE HAS ALWAYS EVOKED IDEAS OF EQUALITY, OF PROPORTION OF COMPENSATION.

EQUITY SIGNIFIES EQUALITY. RULES AND REGULATIONS, RIGHT AND RIGHTEOUSNESS ARE CONCERNED WITH EQUALITY IN VALUE. IF ALL MEN ARE EQUAL, THEN ALL MEN ARE OF THE SAME ESSENCE, AND THE COMMON ESSENCE ENTITLES THEM OF THE SAME FUNDAMENTAL RIGHTS AND EQUAL LIBERTY...

IN SHORT JUSTICE IS ANOTHER NAME OF LIBERTY, EQUALITY AND FRATERNITY."

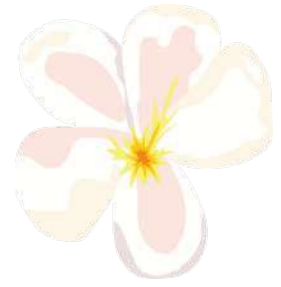


— DR. BHIMRAO AMBEDKAR



Respect

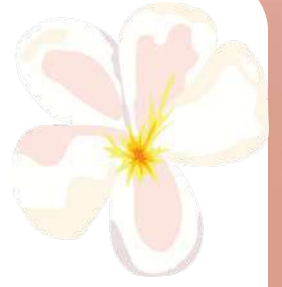
(सम्मान)



JUST RESPECT PEOPLE. THEY MAY HAVE THE MOST DUMB IDEAS, OR HAVE NO IDEAS, BUT GIVING THEM RESPECT CREATES THAT CONNECTIVITY. WHEN PEOPLE FEEL CONNECTED, THEN THEY ALSO FEEL PROTECTED. AND WHEN THEY ARE PROTECTED, THEIR INTEGRITY LEVEL GOES HIGHER.



**-GURUDEV SHRI SHRI
RAVISHANKAR**



Responsibility

(उत्तरदायित्व)

"BE ACTIVE! TAKE ON RESPONSIBILITY! WORK FOR THE THINGS YOU BELIEVE IN. IF YOU DO NOT, YOU ARE SURRENDERING YOUR FATE TO OTHERS."

--APJ ABDUL KALAM





Compassion

(करुणा)

HAVE A GREAT COMPASSION FOR PEOPLE. TO BE ABLE TO HAVE A HEART FULL OF COMPASSION, WE NEED TO PRAY. ESPECIALLY BE KIND, BE LOVING TO THE POOR. WE THINK WE DO SO MUCH FOR THE POOR, BUT IT IS THEY WHO MAKE US RICH. WE ARE IN DEBT TO THEM. DO YOU WANT TO DO SOMETHING BEAUTIFUL FOR GOD? THERE IS A PERSON WHO NEEDS YOU. THIS IS YOUR CHANCE.

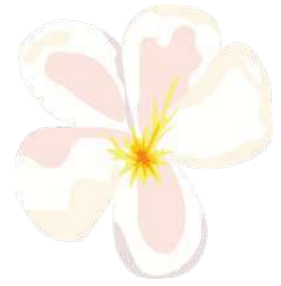


-MOTHER TERESA



Forgiveness

(क्षमा)



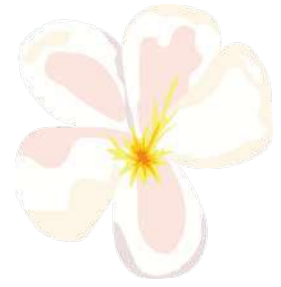
THE WEAK CAN NEVER FORGIVE. FORGIVENESS IS THE ATTRIBUTE OF THE STRONG. IT TAKES COURAGE TO FORGIVE SOMEONE WHO HAS WRONGED YOU. BECAUSE WE ARE OFTEN SO CAUGHT UP IN OUR EGOS THAT FORGIVING SEEMS LIKE LOSING AN EGOISTIC BATTLE. BUT SOMETIMES YOU HAVE TO TAKE THE HIGH ROAD WITH FORGIVENESS, BOTH FOR THE OTHER PERSON AND FOR YOUR OWN WELLBEING.



-MAHATMA GANDHI



Honesty **(ईमानदारी)**



"EXPERIENCE HAS TAUGHT ME THAT HONESTY IS NOT THE MARK OF ANY PARTICULAR CLASS NOR IS IT RELATED TO EDUCATION OR WEALTH. IT CANNOT BE TAUGHT AT ANY UNIVERSITY. IN MOST PEOPLE, IT SPRINGS NATURALLY FROM THE HEART."

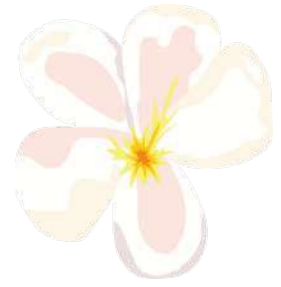
—SUDHA MURTY





Gratitude

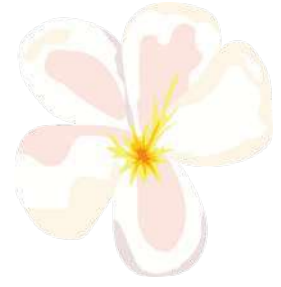
(आभार)



**"LET US RISE UP AND BE
THANKFUL, FOR IF WE DIDN'T
LEARN A LOT TODAY, AT LEAST
WE LEARNED A LITTLE, AND IF WE
DIDN'T LEARN A LITTLE, AT
LEAST WE DIDN'T GET SICK, AND
IF WE GOT SICK, AT LEAST WE
DIDN'T DIE; SO, LET US ALL BE
THANKFUL."**

~ BUDDHA



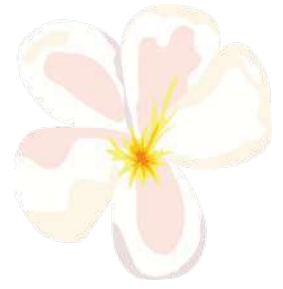


Humility **(विनम्रता)**

**IF YOU SPEAK OR SIT NEXT
TO A NOBEL LAUREATE, HE
NEVER TELLS YOU THAT HE WON
A NOBEL PRIZE, OTHER PEOPLE
TELL YOU. SO, LET HUMILITY BE
YOUR BEST DEFENSE.**

-RATAN TATA





Courage

(साहस)

"THE PATH FROM DREAMS TO SUCCESS DOES EXIST. MAY YOU HAVE THE VISION TO FIND IT, THE COURAGE TO GET ON TO IT AND THE PERSEVERANCE TO FOLLOW IT."

-KALPANA CHAWLA





**Govt. Holkar (Model,
Autonomous) Science College,
Indore**

*Performing
Arts*



Love (प्रेम)

KHYATI KARANDIKAR





KHYATI KARANDIKAR

Love
(प्रेम)



Forgiveness (क्षमा)

SOUMYA TIWARI



Forgiveness (क्षमा)

SOUMYA TIWARI



Responsibility (उत्तरदायित्व)

SOUMYA TIWARI





Responsibility (उत्तरदायित्व)



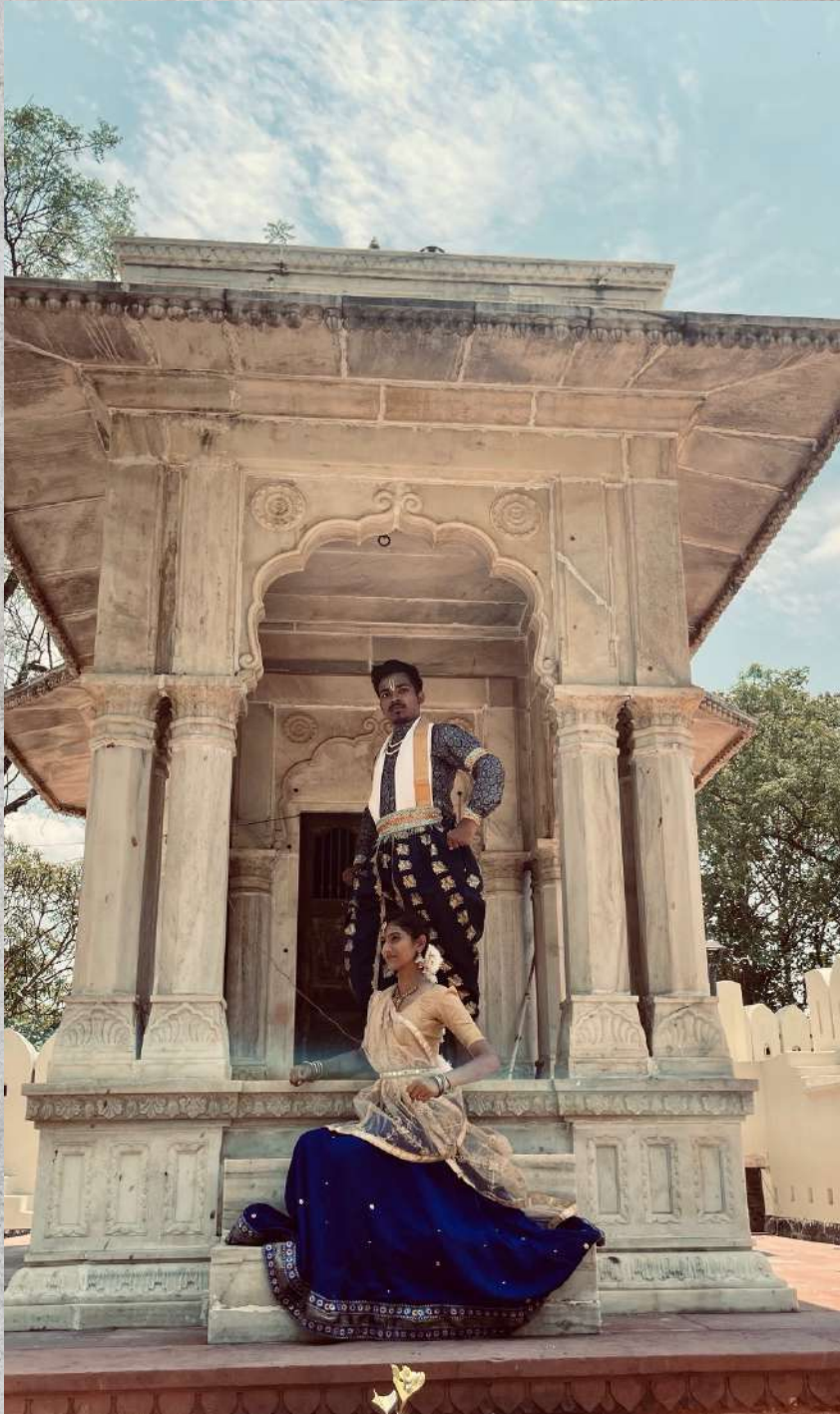
SOUMYA TIWARI





SOUMYA TIWARI

Courage (साहस)



SOUMYA TIWARI

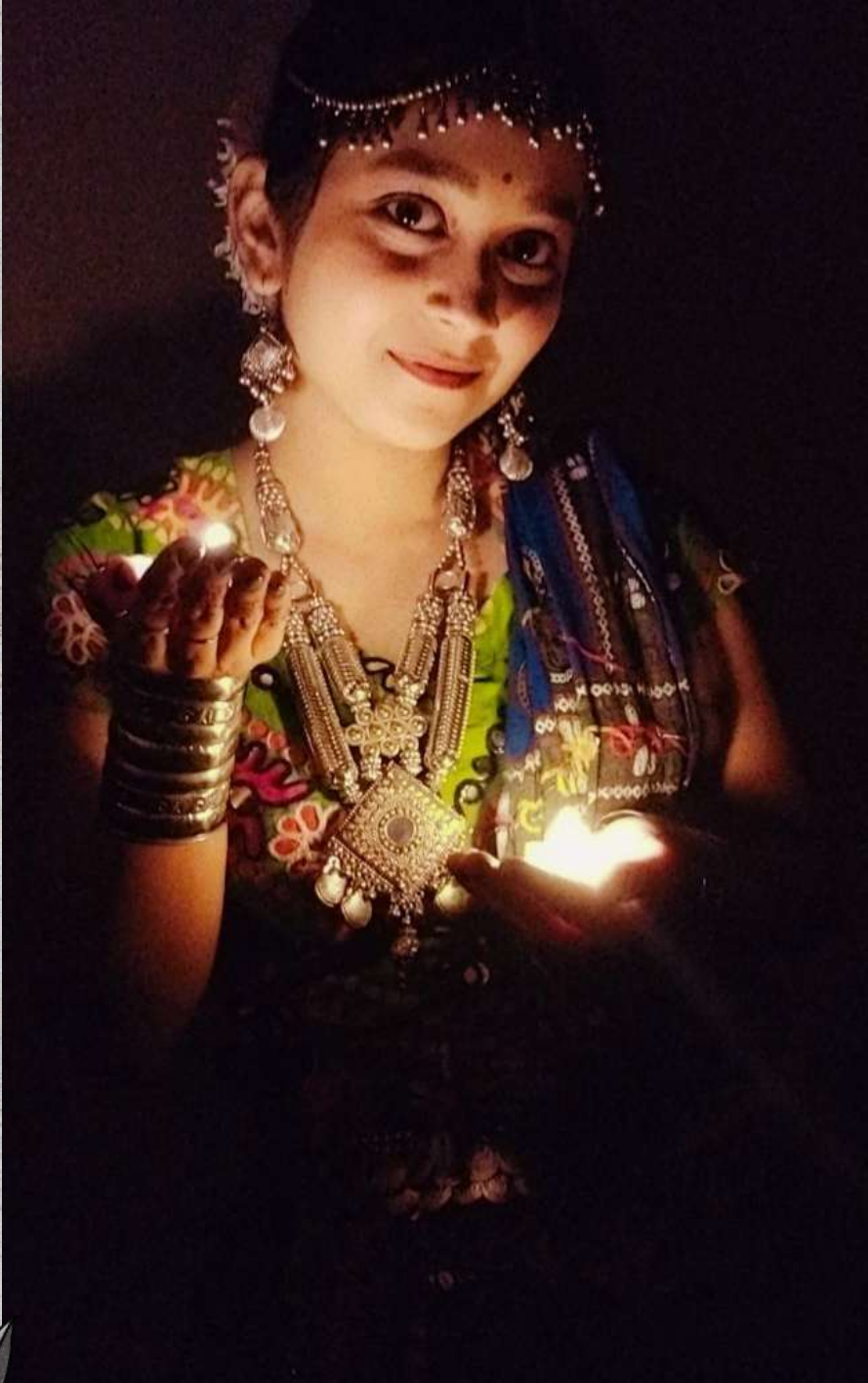
Courage
(साहस)



Love (प्रेम)

KHYATI KARANDIKAR





Fairness (निषदश्रा)

GARVISHA BHAVSAR





GARVISHA BHAVSAR

Fairness (निष्पक्षता)



KHYATI KARANDIKAR

Graitude (आआर)





KHYATI KARANDIKAR



Gratitude (आभार)



KHYATI KARANDIKAR

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KHYATI KARANDIKAR

Respect (सम्मान)



KHYATI KARANDIKAR

Humility
(विनम्रता)



GOVT. HOLKAR (MODEL, AUTONOMOUS) SCIENCE COLLEGE, INDORE



KHYATI KARANDIKAR

Fairness (निष्ठा)



KHYATI KARANDIKAR

Honesty (ईमानदारी)





KHYATI KARANDIKAR

Honesty (ईमानदारी)





KHYATI KARANDIKAR

Compassion (करुणा)



**Govt. Holkar (Model,
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Indore**

*Short
Stories*

Honest Bholi

In a busy city there lived a young girl named Bholi who was well-known for her honesty and integrity. One day, while walking home from school, she found a cell phone lying on the ground. She picked it up and saw that it belonged to someone who had left it behind accidentally.

As she thought about what to do, Bholi remembered the importance of honesty that her parents had instilled in her. She knew that she had to do the right thing and return the cell phone to its rightful owner.

Bholi tried to find out the owner of the phone by asking around the neighbourhood but nobody claimed to have lost a phone. She then took the phone to the nearest police station and handed it over to the officers. The officers were impressed by Bholi's honesty and asked her for her contact details.

The next day the police contacted Bholi to inform her that the owner of the phone had been found. It turned out that the phone belonged to a businessman who had lost it while travelling in a taxi. The businessman was extremely grateful to Bholi and offered her a reward but Bholi politely declined and said that she was happy to have done the right thing.

News of Bholi's honesty quickly spread through the neighbourhood and she became known as a trustworthy person who could be relied on. Bholi felt proud of herself for doing the right thing and knew that her parents would be pleased with her actions.

The moral of the story is that honesty is always the best policy. By doing the right thing, Bholi earned the respect of her community and felt satisfied with her action, even though she could have easily kept the cell phone for herself.

Lakshya Solanki
B.Sc IV sem.



Brave Soumya

Two friends Paridhi and Soumya were in school together. Both were very bright students. However, Soumya came from a very orthodox family where a girl was not allowed higher education and was married early.

Soumya was very sad one day. When Paridhi asked what happened, Soumya told her that her parents had fixed her marriage and she cannot continue her further studies. Paridhi was shocked that still some people follow this degressive tradition and told Soumya that she must fight for her own rights. But Soumya didn't have any courage to go against her family as her family was very strict. Paridhi went with Soumya to her house to persuade her family to let Soumya complete her education but Soumya's parents denied her request and warned Soumya to stay away from Paridhi.

Paridhi tried to convince Soumya to leave her home and achieve her higher education but she was hesitant and afraid to do it. This conversation was heard by Soumya's family and they kidnapped Paridhi as they feared that she will create problems in Soumya's marriage.

Soumya was petrified, she didn't understand what to do. She thought because of her cowardice her friend's future is also in danger. Soumya decided that she will not let her family ruin her and her friend's future. She called the police and filed a complaint against her family.

Because of Soumya's courage, She and Paridhi completed their education and helped other girls who were not allowed to complete their education and married at a young age. Soumya showed that the choice and willingness to confront agony, pain, danger, uncertainty, or intimidation is the real courage.

**Ms.Aditi Singh
M.Sc. III Sem
Forensic Science**



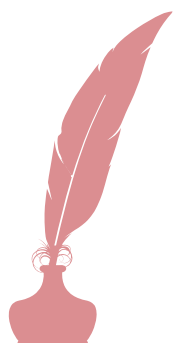
The Consequences

There were two friends, Shravan and Sameer. Both were childhood friends. Shravan had financial issues in his family but he always looked happy and cheerful, graceful. He was a good student as well. He had a habit of being thankful to everything he had and always appreciated everyone for their good deeds. On the other hand, Sameer was rich and good at studies but not satisfied with himself, his friends, school and family. He used to criticize all others and was always looking for their shortcomings.

As a result of their different personality and as a consequence of their habits, few years later, Sameer ended his life with a note that God have given him nothing and he wasn't happy with what he had. On the hand Shravan became a successful person with the same happy and graceful personality. He still used to thank everyone and for everything he had. He has an unique sense of gratitude of seeing good in bad, opportunity in problems, and satisfaction in little things, though he had everything now. He used to thank God and nature every day. He focused on what's good in his life and was being thankful for the things he had.

This story gives a lesson that having everything is not the key of happiness. But having a sense of gratitude in any circumstances is the secret of happiness and peace. More we become humble and grateful towards people, things and God, we become infinitely satisfied. We should spend a few moments of the day thinking about the things in our life that we are grateful of.

**Ms.Amarika Bhalchandra Mule
M.Sc. III Sem.
(Forensic Science)**



The Car Breakdown

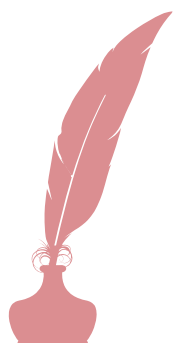
Kamal and Suresh studied in the same class. Kamal belonged to a rich family whereas Suresh's family was middle class. Kamal was very proud of his riches and he used to spend money extravagantly on his classmates. He was always surrounded by many boys. He thought that they loved and respected him. On the other hand, Suresh was humble and helpful. He had a few friends, but they were loyal to him.

Kamal and his friends always made fun of Suresh and his friends. Once, Kamal and two of his friends for going in his car. They were in the middle of the journey when the car broke down. The place was not safe and it was already evening. Kamal called all his friends for help but nobody came. They all made some or the other excuse. Meanwhile, somebody informed Suresh about the trouble. He arranged a car immediately and reached there with two more boys and a mechanic. As the car could not be repaired there, they towed it to the city.

Kamal was full of remorse and respect for Suresh. He told him, "Now I can understand why everybody respects you so much. I always made fun of you but you were the only one who came for my help. Thank you. " Suresh replied, "You gain respect by your deeds, not your money. " Kamal promised to remember this always, and they became good friends.

Respect is commanded, not demanded. If you do good to others, and do small acts of kindness, people will surely respect you.

**Ms. Mahak Dapkara
Class: M-4
Semester- II**



Fair and Lovely

Reena was a young girl, seventeen years of age. She was good, both at studies and in sports. She believed in fair game. Everybody loved her. Rekha also studied in her class. She didn't like Reena much as she was loved by all the teachers.

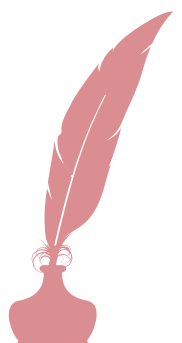
One day, a race was to be held in the school. Many students were participating in it. Rekha was also a good athlete. Both Reena and Rekha were participating in the race.

It was a big event. The Collector of the district was the chief guest. All the participants were ready. The referee fired the shot and all of them started running. Reena had taken the lead from the beginning. Rekha was competing with her. They had left everybody behind. Both of them reached the finish line almost at the same time. The judges declared Reena the winner.

When the trophy was to be handed over to Reena, she took the mike and said, "I didn't win the race. Rekha has the true right to this trophy and the first position. Nobody knows but I know that she touched the finish line first. It would not be fair on my part to take the first prize." And she handed over the trophy to Rekha.

Everybody praised Reena for her fairness. Rekha hugged her and asked forgiveness for misunderstanding her every time. Fairness is a virtue which should be in every individual. We should remember that God is watching us all the time.

Vedant Dhamankar
Class- M-5
Semester- IV



Mother

Rakesh was a five-year-old boy. He lived with his mother, father and a two year old sister. He was very mischievous and always played pranks on others. His father had a touring job, so most of the time his mother only handled him.

It was very difficult for his mother to look after two small children. Rakesh made it all the more difficult with his mischiefs. He used to tease his younger sister too and made her cry. Even the teachers were troubled with him. They used to complain to his mother every time.

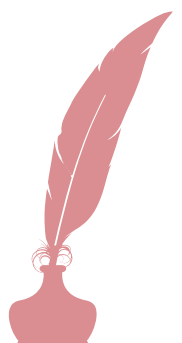
Hearing everybody's complaints, and being harassed by him, his mother sometimes punished him. She beat him too and one day locked him up in a room. As his sister was very small, her mother had to take more care of her. All this led him to believe that his mother doesn't love him. She only loved his sister. He told this to his mother also. She tried to explain but he didn't understand.

One day he was playing on the terrace. He climbed high up on the wall and was about to fall when his mother saw him. She rushed to save him from falling. She was able to save him but got hurt herself ,very badly. All the neighbours came and took her to the hospital.

Now Rakesh understood that how much his mother loved him. She risked her own life to save him. His father had also come. He said sorry to his parents and promised to be a good boy in future.

Mother's love is unconditional. It ranks highest among all others love.

**Ms. Afsheen Rehman
Class- M-8
Semester - IV**



Self-realization

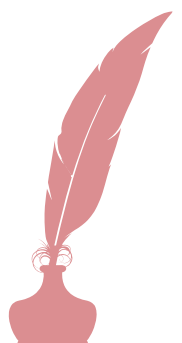
Rahul was a small boy, about six years old. He was very naughty. He used to do a lot of mischief. At home, he hid his grandfather's spectacles or walking stick. He also threw stones at street dogs which hurt them. In school also he used to play pranks on children. He didn't have any pity or compassion for anybody. His mother tried to teach him but it was useless.

One day, when he was returning from school, he threw a stone at a street dog. It got hurt and started chasing Rahul. He ran for his life. There was a big stone lying on the road. Rahul toppled over and fell down. He was hurt and crying. There was nobody to help him. Just then a crippled boy, who was senior to him came and picked him up. Rahul was astonished to see him as he had often made fun of him.

The boy helped him to his feet, dusted his clothes and told somebody to inform Rahul's parents. Rahul was ashamed and he apologised to him for his mistakes. From then, Rahul was changed completely. The boy's compassion had done what the teachers and his mother's teachings had not been able to do. Now, instead of teasing people, he started to help everyone.

Compassion is a virtue which can change anyone's attitude towards life. It is both innate and can be learned and enhanced.

**Ms. Tasneem Jawad
Class- M-4
Semester- IV**



The Saint's Blessings

A saint was traveling with his disciples. They went from one place to another, spreading the message of love, generosity, kindness, and forgiveness. They halted at a village. People gathered around the Saint and he started preaching.

In his preachings, he said, "We should love each other and learn to forgive. Never think about revenge. It leads to destruction, whereas forgiveness brings people together and resolves their problems."

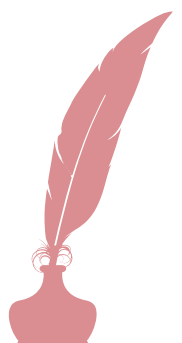
A man from the crowd stood up and said, "There is a property dispute going on between my brother and me. Previously we lived together very happily. But now, we have even stopped talking to each other. Though, I don't like all this but what can I do?"

The Saint suggested, "You go to your brother and ask for his forgiveness. You also forgive him from your heart."

The next day, the same man came along with his brother. He thanked the saint for his advice, and said, "Now, we have reconciled and forgiven each other. After a long time, yesterday I slept peacefully after meeting my brother." His brother also agreed. Both of them took the saint's blessings and went away happily.

Forgiveness is a virtue which not only makes the receiver happy, but it gives peace and happiness to the giver also.

**Ms. Rashi Saluja
Class- M-4
Semester - IV**



Empty Handed

There lived a king in the olden times. He was good, kind, and generous. The people were very happy during his reign. Nobody ever went empty-handed from his door. His subjects always praised him for his kindness. The only flaw in him was that he was very proud of himself. He boasted about his generosity.

Every Sunday, he used to sit in his court and do charity. Many people came and their wishes were granted. The courtiers used to flatter the King and he swelled with pride.

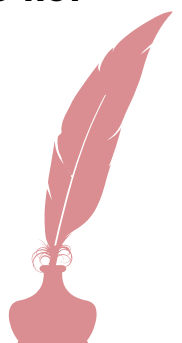
One Sunday, after his regular time of distributing presents was over, the king was saying his prayers and asking for blessings from God. Just then an ascetic came. On seeing the king in prayers, he started to return back. The king asked him to stop and tell him his wish. The ascetic refused to receive anything from the king. On hearing this he was taken aback.

The king said to him, proudly,
“No one has ever returned empty-handed from my door. You tell me what do you want?”

The ascetic answered, “When I came, you were seeking God’s blessings and telling him your wishes. I had come here thinking that you are the highest king. But now I know that you are also a beggar in front of the Almighty. Then, why should I beg from you, I will take from the one who is higher than you.”

These words opened the king’s eyes. He was ashamed of himself. He understood that humility is the greatest virtue. One should always be humble. All other virtues are useless if one is not humble.

Name- Shubam
Class- M-10
Semester - IV



Karan and Thief

Karan was a teenager studying in class seven. His brother Rajat was two years younger to him. Both of them studied in the same school. Karan was good at studies and scored good marks. Everybody liked him. But one thing which lacked in him was , the sense of responsibility. He was very careless and took every thing very casually.

Many a times he forgot to do his homework and got scolding from his teachers. At home too,he didn't remember to switch off the lights and geyser. Sometimes he used to leave the main door also open. His parents tried to teach him a lot but he didn't listen to them. They were always worried about him.

One day, his mother got the news of her father's illness. He was serious and hospitalised. Karan and Rajat had their exams. Now, their parents were in a fix. Neither could they take the children along nor avoid going. Mother called Karan and said, "We'll be back in a day. You lock the door from inside. Be careful." He agreed to it.

They left in the morning. Both the brothers settled down to study. The day went well. It was night. Suddenly the bell rang. Karan's friend had come to take some notes from him. Both of them were discussing their studies. Rajat was feeling sleepy so he went to bed. He told Karan to lock the door after his friend left.

But, as usual, he forgot and went to sleep. In the middle of the night, he was awakened by a noise. He saw in the darkness that somebody was moving in the house. A thief had entered the house. Karan remembered that he had forgotten to lock the door. He was afraid of going out as he saw that the man was holding a knife in his hand. He was cursing himself for his carelessness.

Suddenly, they heard the sound of a police siren. One of the neighbours had seen the thief entering the house and informed the police. The thief was caught and taken by the police. Karan realised his mistake and apologised to his parents. He promised to be a responsible boy in future.

Responsibility plays an important role in one's life. In order to gain people's trust,one has to be responsible. The sense of responsibility is essential to attain success in life.

Ms. Pranali Thakre
Class- M-4
Semester - IV



